

CARRICKFERGUS GRAMMAR SCHOOL NEWSLETTER






Friday 13th October 2017

ISSUE 3

ANNOUNCEMENTS

- Remarks - CCEA has extended the re-mark deadline for GCSE and AS English Literature. Please see Mr Brown if you are interested in requesting a remark. The deadline is Tuesday 17th October.
- Year 13 Silver Duke of Ed groups are reminded that all evidence for the award must be submitted by the end of October.
- The winner of the French September Challenge, which encouraged pupils to do a little bit of something French everyday throughout September is Bronwyn Shields.

	<p>AQE Familiarisation Morning for P7 pupils and parents at 9.15am on Saturday 21st October</p>
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<p>Table Quiz Friday 13th October at 7.30pm Dobbin's Inn £5 per person</p>	

Reminders

- Please bring school fund to reception
- **NO liquid tippex including correction pens are allowed in school**
- **Please complete emailed medical form or obtain a paper copy from reception**

Clubs & Activities

ICT Club – meets after school each Wednesday afternoon in Rm 11

Photography Club – meets after school each Wednesday at 3.30pm in Rm 25

Creative Writing Club – Friday lunchtime on a Week 1 meet in Rm 38

Chess Club – meets Tuesday & Thursday lunchtimes in Rm 19

Bridge Club – meets Tuesday lunchtime in Rm 49

Cookery Club – meets Tuesday 3.30 to 4.30pm in Room 46.

Scripture Union – meets Wednesday lunchtime in Rm 6

Drama Club - meets after school each Thursday afternoon at 3.30 to 4.30pm in Rm 26

Congratulations

James Walsh Year 10 capped off a successful season as he collected the Junior Golfer of the Year Award and the Adult/Juvenile Competition Trophy at Carrickfergus Golf Club on Sunday. This has been a busy year for James as he participated in the Irish and European Junior Open Competitions as well as winning both the Ballyearl Junior Open and Carrickfergus Golf Club Juvenile Winter League. He also represented the school in the NEBSSA Semi Finals at Castlerock in June where they were Runners Up.

Well done James.



Breakfast Club
Don't miss out on
Breakfast as
Breakfast Club
runs every
morning in Miss
Elliot's room from
8.10 to 8.30am

MATHS DEPARTMENT

- Maths Clinic will run each Monday after school for an hour in room 18 for all year 11 – 14 pupils who would like some extra support with their Maths. Pupils can come with problems to get explained or just sit and work through their Maths homework or past papers booklets and questions.
- Numeracy Support will run for an hour each Wednesday afternoon (starting 4th Oct) in the Grainger Centre for year 8 – 12 pupils who would like some extra support with their Maths. Pupils can come with problems to get explained or just to sit and work through their Maths homework or the support materials on Fronter.

ENGLISH DEPARTMENT

- Anyone in years 8-12 who needs help with any aspect of English is welcome to come along to English Clinic after school on Tuesdays from 3.30 – 4.30pm in room 38 for support.
- BOOK DRIVE – If anyone has any books which you have read and no longer need which would be useful for our Year 8 to 10 class libraries, we would really appreciate it if you would send them into school. Any books suitable for ages 11 – 14 would be very much appreciated.

MUSIC DEPARTMENT

There are lots of activities to get involved with in the Music Society and everyone is welcome. This is the schedule for a typical week:

Monday Lunchtime:	Senior Choir (Years 11 to 14)
Tuesday Breaktime:	Boys' Choir (all Year Groups)
Tuesday Lunchtime:	Traditional Music Club (all year groups and no experience necessary)
Tuesday After School (until 4.15pm):	Junior Girls' Choir (Years 8 to 11)
Wednesday After School (until 4.45pm):	Senior Choir (Years 11 to 14)
Thursday After School (until 4.30pm):	Concert Band (Anyone who plays a wind, brass or percussion instrument)
Thursday After School (until 4.30pm):	String Orchestra & Concert Band (All string instruments welcome)
Friday Lunchtime:	Senior Choir

Other groups meet now and again and if you are interested in starting a group, speak with Mr Craig or Mrs Withers. You do not have to receive instrumental tuition or be studying music at GCSE or A Level to be part of any of these groups. There is still a place available for private tuition on Violin, Harp, Brass and Singing.
(Piano, Clarinet and Flute is full up but we can create a waiting list if you are interested)

Breakfast Club Menu

Orange juice	30p
Glass of milk	20p
Bagel	40p
Slice of toast	20p

During the week we are promoting Healthy Eating as well as the Take 5 Message:
Connect Learn Be Active Take Notice Give

Healthy Eating

All Week

- Year 8 Healthy Eating Challenge
- Free fruit available at Breakfast Club
- Home Economics classes are having a competition to design a healthy dish which will be served in the canteen
- On Tuesday there is a Healthy Eating Competition at Cookery Club
- On Friday during break time there will be Fruit Fusions at the pupil entrance

The Take 5 Message

Connect – Years 13 & 14 will have a coffee morning during an Extended Break on Friday

Learn – On Thursday there will be a health fair with a variety of stallholders which will teach everyone some or several ways to look after their mental health

Be Active –

Lunch Time Fun & Games

Monday 16 th Oct	Year 9 in the hall
Tuesday 17 th Oct	Year 8 in the gym
Wednesday 18 th Oct	Year 10 in the hall
Friday 20 th Oct	Year 8 in the hall



Wednesday Walk

Mile a Day Challenge
(weather permitting)

Take Notice -

Year 8 pupils will be encouraged to look carefully at what they eat during their healthy eating challenge

Give -

We are supporting the mental health charity Aware – at our coffee morning



I AM WHOLE

Launched in 2016 with the support of celebrities such as Ed Sheeran, James Cordon and Rizzle Kicks, the I AM WHOLE campaign was set up by the YMCA to challenge the stigma surrounding Mental Health issues and provide support for those that suffer.

Daniel Ritchie, Year 14, through his work with YMCA was selected to be interviewed by actor Jody Latham (*Shameless*) in a video to promote the campaign. Daniel commented on this, "It was incredibly encouraging to speak about my experiences in the hope that my testimony can help those who fall victim to mental health problems."

Daniel also attended an event at Stormont to celebrate the launch of the I AM WHOLE campaign. He spoke in front of politicians including Arlene Foster to push for better societal attitude towards Mental Health.



Miss Lemon, Daniel's Head of Year commented, "It is a privilege to watch all of our pupils grow and develop from when they join us in Year 8 to when they leave in Year 14. Daniel is a great example and role model of how to navigate life's ups and downs as a young person. Talking about mental health and getting support is crucial."

Check out YMCA Carrickfegus Facebook to see video and for more info.

SPORT AT CGS – Recent Results

Rugby V Foyle College

1st XV won 18 - 5

U13 won 20-15

Hockey V Antrim Grammar

1st XI drew 3-3

2A's, U13 & U14 lost

Hockey V Dungannon Royal

2A's lost 2:1

Football V Carrick College

Year 10 Won 2-1

Goal scorers:

Seth Logan – a delightful ball played through the heart of the defence by Mark Norris which was calmly slotted into the bottom corner by Seth.

Ryan Black - picked up a headed clearance by the College defence, chested it and volleyed from 40 yards, off the post and in!

Man of the Match:

A tough decision to make as Dylan Gordon had a great game in goal, the defence were all solid and every player worked their socks off! However, **Tom Kennedy** gets the award. He was playing against the school he moved from at the beginning of the year was absolutely fantastic! The College players wished they still had him in their team.



LIBRARY

Borrow one of the books at break-time or lunch-time from the display of Halloween Reads in the Grainger Centre and pick up a sweet treat



Saturday Sporting Fixtures

Rugby

U13 home to Cambridge House
KO at 10.15

Players meet at 9.15am

1st XV are away to Cambridge House. Players meet at 8.15am in team tracksuits. KO in Ballymena scheduled for 10.15am

The Medallion fixture has been CANCELLED.

Hockey

NO matches on Saturday

2017 Invent Student Awards

Co-founders of Hurtlockers James Carson and Daniel Laverty received this prestigious award recently at The Waterfront Hall in Belfast.

Daniel and James, friends from their school days at Carrick Grammar set up their business, Hurtlockers, to provide step-by-step audio and visual guides so that anyone - even if they have no training - can be "reassured when confronting a first-aid scenario".

Their ambition is to see Hurtlockers in shops, schools, sports clubs and recreational facilities - "everywhere that you can find a defibrillator".





CAREERS DEPARTMENT

Careers Events: October

Date	Event	Year Group	Time	Location	Contact Teacher/ Further Information
13 th October	TESCO: Opportunities Week. An insight into the role of a manager within TESCO.	13 & 14	2.30pm	Carrickfergus Store	Mrs Buchanan
13 th October	Guest Speaker: CAFRE	14	Period 4	Lecture Theatre	Mrs Buchanan
13 th October	Deadline for UCAS application form	14			Mr Martin, Mr McMorris, Mrs Buchanan
14 th October	CAFRE: Enniskillen Campus (Equine Management, Horse Care, Farriery)	12-14	Starts 12 Noon	Enniskillen Campus	www.cafre.ac.uk
18 th October	Ulster University: School of Nursing Insight evening.	13	Starts 6pm	Magee Campus	www.ulster.ac.uk/nursinginsight
19 th October	Skills NI	11	10-12.30	Titanic	Mrs Buchanan – Permission slip & money to be returned by Monday 16th
24 th October	UCD: Science Open Evening (series of talks on UCD Science, Computer Science and Actuarial & Financial Studies)	13	5pm-8pm	UCD: O'Brien centre	
24 th - 27 th October	Work Experience	12		Various	Mr McKittrick
25 th October	Ulster University: School of Health Sciences Insight evening	13	Starts 5pm	Coleraine Campus	www.ulster.ac.uk/healthscienceinsight
25 th October	University of Aberdeen: Northern Ireland Open Evening	13	6.30-8pm	Malone Lodge, Belfast	Booking is essential. www.abdn.ac.uk/study/niopen_evening For further info email: study@abdn.ac.uk
25 th October	Edinburgh Napier: Nursing & Midwifery	13	Starts at 7.15	Hilton, Belfast (Lisburn Suite)	www.napier.ac.uk/events
26 th October	Edinburgh Napier: Other subjects	13	Starts at 7.15	Hilton, Belfast (Lisburn Suite)	www.napier.ac.uk/events

Careers Announcements

Careers Guidance Interviews (by appointment only) are every Thursday in Thornfield.

30 th	Ulster University:	13	Starts	Coleraine	www.ulster.ac.uk/nutritiontasterdays
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